

# Kit list



## The Basics

- Your Banham Marsden March at Home t-shirt and cap
- Comfortable footwear
- Comfortable clothing
- Weather accessories! Raincoat, suncream, or layers – whatever the weather demands
- Fully charged mobile phone
- Water bottle
- Lunch and/or snacks!

## Extras

- Map
- Battery pack/portable phone charger
- Walking poles
- Small first aid kit
- Picnic blanket for rest stops
- Money or payment card(s)
- A pack of cards for your breaks

